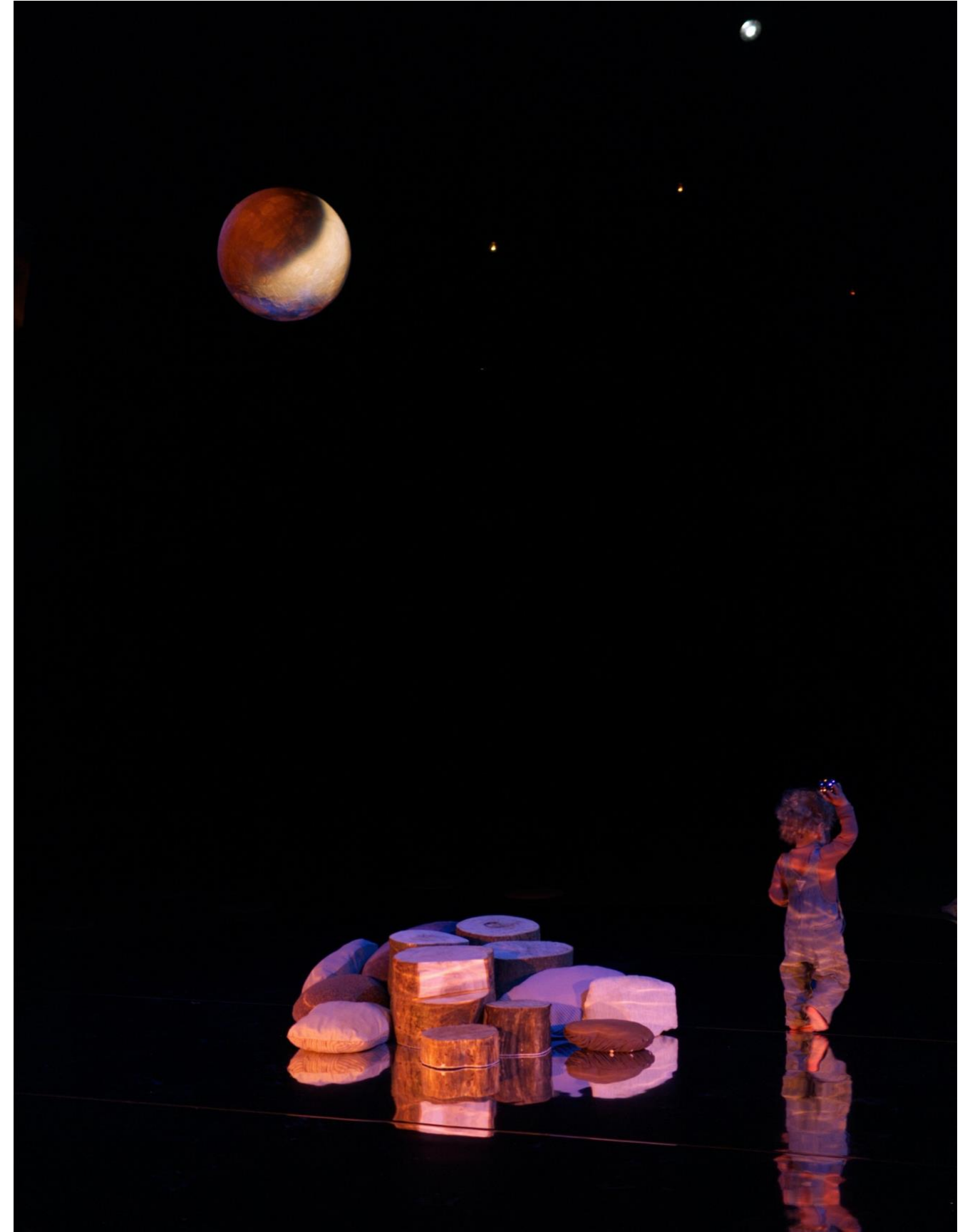


FORÊT PAISIBLE

An opera for babies and young children,
created by Marie Havaux and Erika Meda.
Produced by CAV&MA (Namur - Belgium)





FORÊT PAISIBLE

BAROQUE MUSIC FOR LITTLE ONES

Some birds whistle and the brightness of a few stars immerses us in a captivating night, where voices emerge with the powerful vibrations of the baroque repertoire. On the floor, a shiny surface suggests a body of water behind which stands an intriguing cabin... We are in the forest. Two playful creatures, half-human, half-animal, introduce us to this nighttime journey, soon joined by airy creatures with crystal-clear voices.

Forêt Paisible is an invitation to celebrate the beauty of nature and living. Designed and thought for newborns and kindergarten kids, the scenography is conceived as an environment for playing and sensory experimentation. Four voices intertwine with bass and soprano metallophones, surrounding both little ones and adults.



Cast

A creation by Marie Havaux and Erika Meda, produced by CAV&MA / Grand Manège (Namur - Belgium)

SOLOISTS OF CHŒUR DE CHAMBRE DE NAMUR

AMÉLIE RENGLLET, JULIE VERCAUTEREN, TOM VAN BOGAERT, MAXIME JERMANN

CO-ARTISTIC DIRECTION, ARRANGEMENTS, SOPRANO & BASS METALLOPHONE

MARIE HAVAUX

CO-ARTISTIC DIRECTION, SCENOGRAPHY, STAGING

ERIKA MEDA

LIGHT DESIGN

PASCAL GEORIS

An Ode to Nature

The desire to embody the primordial elements of nature to which human fully belong, was the heart of this project and guided the selection of the musical pieces. Nature in its beauty, its ugliness, its wildness, and its vibrant aliveness are themes dear to the baroque period, which embraces all its rich and complex contradictions. It felt essential—perhaps now more than ever — to explore this polyphonic vision of the earth. Nature is not here to be glorified neither described as an ideal or external landscape, but to be felt once again. To feel oneself as a bird, as a wolf, as fire, as air...

The sequence of musical pieces follows a narrative that guides us through the night in the company of subtle beings and fauns, evoking winged and terrestrial animals or even mythological creatures. The scenography and musical arrangements (rain stick, bird whistles, chimes, etc.) contribute to creating this world, profoundly connected to nature, as does the rhythmic core of the show, awakening the deep heartbeat at the center of the earth.



THE SELECTED PIECES

WE THE SPIRIT OF THE AIR: PURCELL

HUSH NO MORE: PURCELL

FORÊT SPAISIBLES: RAMEAU

CACHUA SERRANITA: ANONYME-PEROU

MUSIC FOR A WHILE: PURCELL

SE L'AURA SPIRA: FRESCO BALDI



AN IMMERSIVE SHOW FOR THE LITTLE ONES ...

Forêt Paisible allows babies to be surrounded by voices that move, approach, and step back. The scenography encourages sensory play and exploration through various materials and objects: the mirror carpet, fabric cabin, cushions, wooden log steps forming a small safe staircase, veils, and reflective balls.

A STIMULATING SENSORY WORLD

The scenography, staging, and lighting are designed to immerse babies in an enchanting world while gently stimulating their senses and their need for play and exploration.

A SOUND WORLD ADAPTED TO THEM

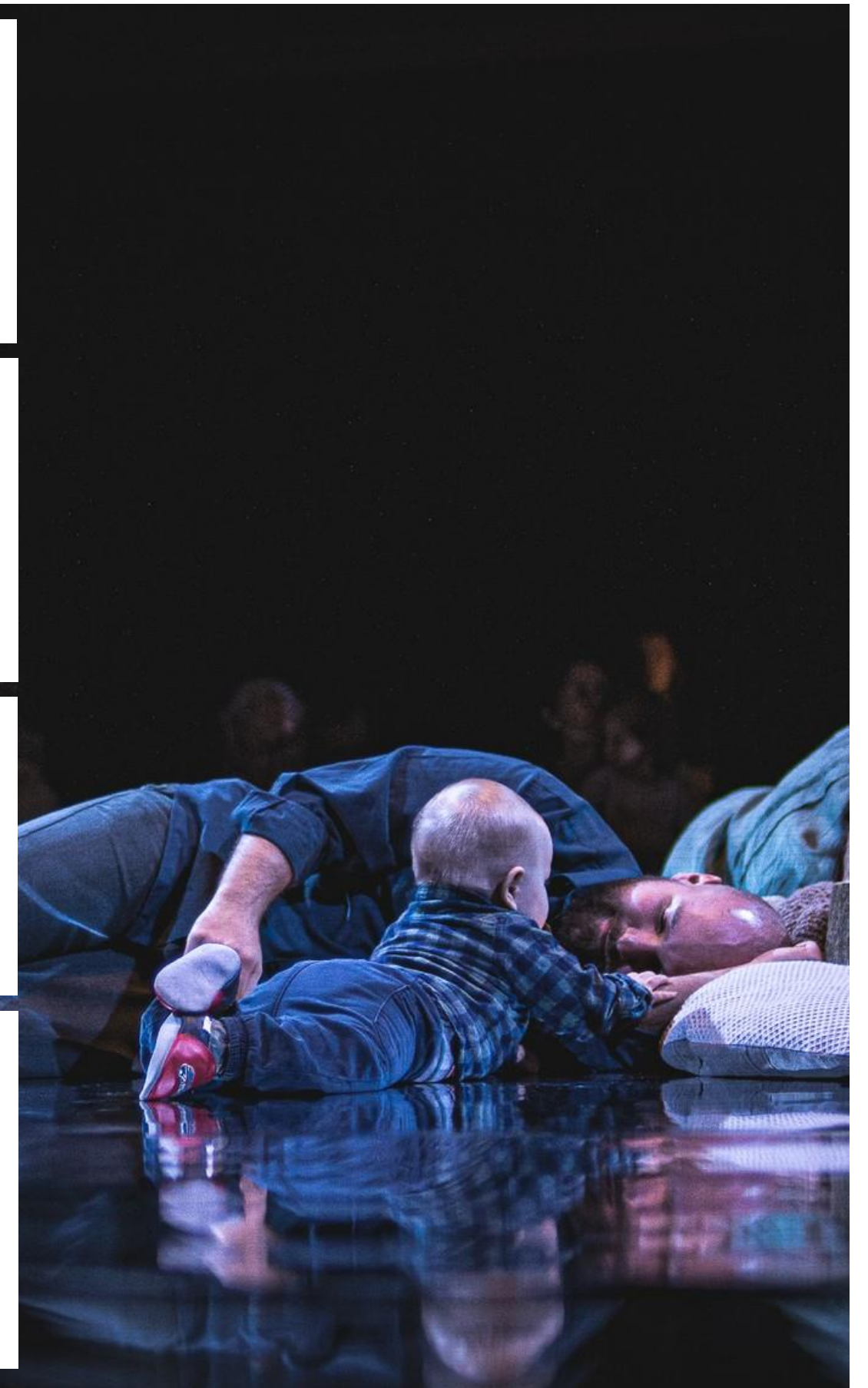
The musical arrangements are designed to transmit the deep vibrations of the baroque repertoire to babies from birth, thanks to the embodied nature of vocal music and the delicacy of the metallophone.

PROXIMITY- INTIMACY

Little crawlers have the opportunity to explore the narrative space during the performance, engaging in a unique dialogue with the artists.

THE MIRROR

The circular stage, defined by a large reflective surface, is essential for the development of young children, awakening body awareness and therefore the self-awareness.



... AND FOR THE OLDER ONES

Forêt Paisible is conceived as a small nocturnal universe in which spectators, regardless of their age, can fully dive.

The musical and visual quality of the show, as well as the universal themes that guided its theoretical construction (celebration of nature; cycle of life, of birth and of death, ...) lead older children and adults to dive into an intimate journey.

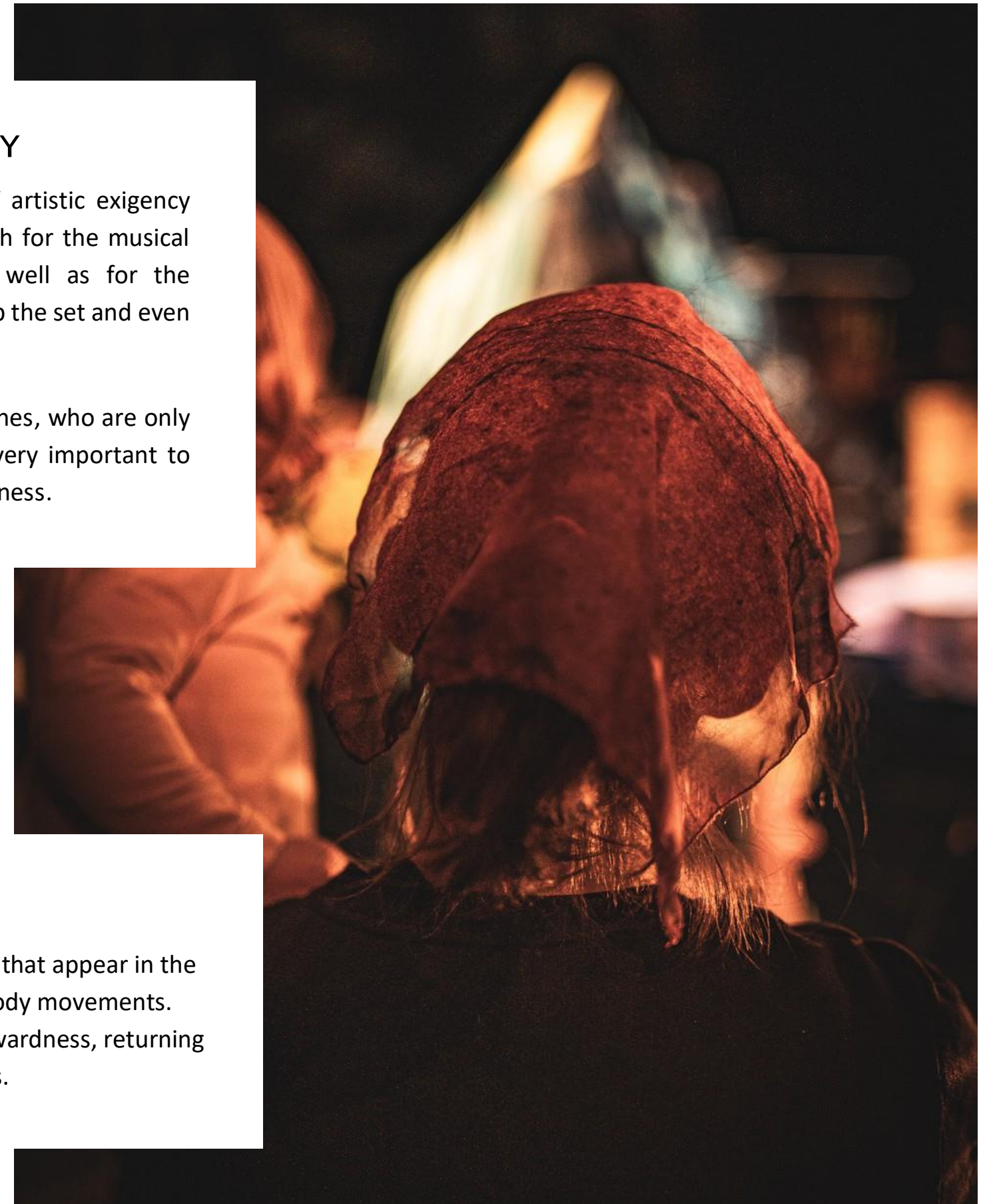
A COMMITMENT TO QUALITY

The desire to maintain a high level of artistic exigency guided us throughout the creation, both for the musical and visual aspects of the show, as well as for the materiality of the elements that make up the set and even the beautiful breadth of our team.

All the more so it is designed for little ones, who are only just discovering our world, it seemed very important to seek sincerity, universality, and timelessness.

THE CIRCLE

The circle and spiral are central motifs that appear in the scenography and in the performer's body movements. They evoke cycles, gestation, orbit, inwardness, returning to oneself, and the path toward others.





Forêt Paisible, un spectacle immersif

ON STAGE



AMÉLIE RENGLET
Soprano



JULIE VERCAUTEREN
Mezzo soprano



MAXIME JERMANN
Tenor



TOM VAN BOGAERT
Bass



ERIKA MEDA
Movement- theatre



MARIE HAVAUX
Movement- Metallophone soprano and
bass



DURATION AND STRUCTURE OF THE PERFORMANCE

30 minutes of performance + 15 minutes of sensory and musical exploration.

The spectators, sitting on the stage at the edge of the mirror carpet, are asked, adults as well as children, to take off their shoes.

For performances planned for the very little ones (0 to 24 months), we allow parents to let their little ones join us spontaneously on the stage. For older children and for school groups, we suggest that the children wait until the end of the performance to share a moment of play and exploration, without however preventing a little explorer who might feel like inviting himself in.

We offer 3 performances per day: one for little crawlers, one for little walkers up to two and a half years old, and a last one for children aged 3 to 5. This separation of ages makes it possible to experience the performance according to the developmental stage of the children. (We remain attentive and flexible for siblings who wish to come together.)

Please note that the stage surface is a determining factor for the audience capacity.



AUDIENCE CAPACITIES AND AGE RANGES

0-18 months

babies who crawl

20 babies

40 adults

18MOIS-2,5ANS

25 babies

50 adults

3 - 5 ans

40 children

60 adults

School groups

up to 100 children maximum
and depending on the stage
space allowing a comfortable
experience for the spectators



TECHNICAL SHEET

Diffusion: mariehavaux@cavema.be

General management (CAV&MA): thomasgremes@grandmanege.be

Stage management: pascalgeoris@grandmanege.be

Team:

4 singers, 1 musician, 1 actress, 1 stage manager

2 dressing rooms required + catering on performance days

Catering required on setup day

Accommodation for the full team + travel expenses for team and material

Scenographic Description :

The scenography consists of a 6m-diameter circular mirror carpet, forming the stage on which the public sits (around $\frac{3}{4}$ of the circumference).

At the center: a small arrangement of wooden logs and cushions. At the edge of the carpet (no audience): a tipi-style tent made of a wooden frame covered in fabric (approx. 150 × 250 cm). Beside the tipi: the instrument area (metallophones, small instruments, bamboo suspension).

A papier-mâché moon (approx. 80 cm diameter) hangs above the stage via a pulley.

Stage :

Play area (including public): 10 X 10 m Sol

Black floor, preferably dance mat

Black walls (preferably a closed black-box stage)

Minimum grid height : 6,50 m

At least 5 lighting bars across stage depth (and in that case, plan for some pole pieces and travhydro knots to grid the stage)

We suspend a papier-mâché moon on a pulley attached to the structure (operated by a local stage manager) (provide a counterweight on stage to hang the moon).

Setup Times :

Installation: 4h

Focusing & adjustments:

4h

Performance duration : 50min

REQUIRED PERSONNEL FOR THE INSTALLATION AND THE PERFORMANCE

One lighting technician

One stage technician (small cues required)

PRE-RIGGING REQUESTED

Lighting :

WE REQUIRE :

4 x Fresnel Zep RJ lf2 300W (LED)

5 x Martin ELP LED pars

10 x RJ 654 SX medium profiles (LED)

2 x Zep 663 SX short profiles (LED)

2 x Dalis RJ 860 (LED)

1 x 5kW Fresnel

2 x PAR 64 CP62

3 x lighting stands (h : 1,5m)

Minimum 12 × 2kW circuits + 1 × 5kW circuit

ETC Ion Xe 20 lighting console (ASCII compatible, desk on stage)

All necessary cabling (dmx, shucko etc)

WE PROVIDE :

30 lamp holders + incandescent bulbs

Gels and diffusers

COMMUNICATION

<https://www.youtube.com/watch?v=8kqU5OaL03s>

TEASER





CONTACT



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mariehavaux@cavema.be



www.cavema.be